



2010

Victorian Country Athletics Championships



Friday 22, Saturday 23 & Sunday 24 January
Joe Carmody Athletics Track, Newborough

Entries Close: Thursday 7 January 2010



Conditions of Entry

The 2010 Victorian Country Athletics Championships will be conducted according to the rules of the IAAF, Athletics Australia and Athletics Victoria. Refer to the Athletics Victoria 2009/10 Summer Competition Handbook for championship competition rules, specifications and events to be contested in each age group.

Entries will be accepted from registered FIRST CLAIM members of country clubs affiliated with Athletics Victoria Inc. First claim members of metropolitan clubs affiliated with Athletics Victoria or clubs affiliated with other State Associations are eligible to compete by invitation. Any other entry will only be considered at the invitation of the Championships & Special Meets Sub Committee.

For events with two or more rounds, invitation athletes can only make up 50% of the final field, therefore a maximum of four invitation athletes can progress through to the 100m final. This also applies to the additional three attempts in relevant field games; only four invitation athletes can progress through to the additional throws/jumps round.

If there is not enough country registered athletes to fill 50% of the final, additional invitation athletes will be progressed

Please complete the entry form to enter the Victorian Country Athletics Championships (photocopied forms will be accepted). Signed entry forms must have all the details filled in correctly or they will be returned.

A competitor may not enter the same or similar event in more than one under/over age group on the same weekend. The 1500/3000m Walk; 80/90/100/110m Hurdles; 200/400m Hurdles; 3000/5000m; 2000/3000m Steeple, are all considered to be similar events. Any event must have at least one entry received prior to entry close for that championship event to be timetabled.

Under 12 Events

A small number of U12 events will be offered at the 2010 Victorian Country Athletics Championships. To be eligible to compete in these events athletes must be 9 years of age as at 31/12/2010 (born in 1999, 2000, and 2001)

All U12 events are invitation and will not count for points in the Overall Club Premiership.

ENTRY FEE: \$10.00 per event
(4th, 8th, 12th events free etc)
Entries close: 5pm, THURSDAY 7 JANUARY 2010
Late entry fee: \$20.00 per event
Late entries close: 5pm, FRIDAY 15 JANUARY 2010

Entries sent by mail must be postmarked prior to the closing date. Closing dates will be strictly enforced and late entries will be charged accordingly. **Late entries will be accepted only if there is room in the event. No extra heats or rounds will be scheduled to accommodate entries taken after the close of entries.** Late entries MAY be taken up to 5pm, Friday 15 January 2010.

Entry fees are non-refundable. A partial refund will be issued to those athletes unable to compete (due to sickness or injury) that can provide Athletics Victoria with a medical certificate. There is a \$10 administration fee charged for every refund.

PAYMENT DETAILS Credit Card: Mastercard & Visa Only
Cheque or Money Order: made payable to Athletics Victoria
Cash: on delivery of entry form to the Athletics Victoria office

CONFIRMATION OF ENTRY and a finalised timetable will be sent to athletes seven days prior to the Championships. Please contact the Athletics Victoria office: info@athsvic.org.au or (03) 9428 8195 should you not receive confirmation.

A DRAFT TIMETABLE and list of events to be contested can be viewed at www.athsvic.org.au

PRIVACY POLICY The Information Privacy Act 2000 requires Athletics Victoria to inform you that, in the conduct of Athletics Victoria meets, photographs may be taken of participants and results compiled to record athlete participation, celebrate athlete success and achievement and to promote Athletics Victoria and events conducted by Athletics Victoria. We limit the use and disclosure of any personal information to the purpose of participating in Athletics Victoria events. By accepting the invitation to participate in events under the auspices of Athletics Victoria, you undertake to abide by the Athletics Victoria Privacy Policy.

Event	Boys	Girls
	U12	U12
100m	✓	✓
400m	✓	✓
High Jump	starting height 1.10m	starting height 1.05m
Long Jump	✓	✓
Shot Put	2kg	2kg

Women

Event	U14	U16	U18	U20	Open	40+	50+	60+
100m	✓	✓	✓	✓	✓	✓	✓	✓
100m Ambulant	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
100m Wheelchair	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
200m	✓	✓	✓	✓	✓	✓	✓	✓
400m	✓	✓	✓	✓	✓	✓	✓	✓
400m Ambulant	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
800m	✓	✓	✓	✓	✓	✓	✓	✓
1500m	✓	✓	✓	✓	✓	✓	✓	✓
1500m Wheelchair	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
3000m	not contested	✓	✓	✓	not contested	✓	✓	✓
5000m	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
10000m	not contested	not contested	not contested	not contested	✓	✓	✓	not contested
Sprint Hurdles	80m (76.2cm)	90m (76.2cm)	100m (76.2cm)	100m (84.0cm)	100m (84.0cm)	80m (76.2cm)	80m (76.2cm)	not contested
Long Hurdles	200m (76.2cm)	200m (76.2cm)	400m (76.2cm)	400m (76.2cm)	400m (76.2cm)	400m (76.2cm)	not contested	not contested
Steeple	not contested	2000m (76.2cm)	2000m (76.2cm)	3000m (76.2cm)	3000m (76.2cm)	2000m (76.2cm)	2000m (76.2cm)	not contested
Walk	1500m	3000m	3000m	5000m	5000m	5000m	3000m	1500m
Pole Vault	✓	✓	✓	✓	✓	✓	not contested	not contested
High Jump	✓	✓	✓	✓	✓	✓	✓	not contested
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓	✓	✓
Shot Put	3kg	4kg	4kg	4kg	4kg	4kg	3kg	3kg
Discus	1kg	1kg	1kg	1kg	1kg	1kg	1kg	1kg
Discus Ambulant	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
Javelin	400gm	600gm	600gm	600gm	600gm	600gm	500gm	400gm
Hammer	not contested	4kg	4kg	4kg	4kg	4kg	3kg	3kg
4 x Relay	100m	100m	100m	100m	100m & 400m	100m & 400m	100m	not contested

Men

Event	U14	U16	U18	U20	Open	40+	50+	60+
100m	✓	✓	✓	✓	✓	✓	✓	✓
100m Ambulant	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
100m Wheelchair	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
200m	✓	✓	✓	✓	✓	✓	✓	✓
400m	✓	✓	✓	✓	✓	✓	✓	✓
400m Ambulant	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
800m	✓	✓	✓	✓	✓	✓	✓	✓
1500m	✓	✓	✓	✓	✓	✓	✓	✓
1500m Wheelchair	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
3000m	not contested	✓	✓	not contested	not contested	not contested	✓	✓
5000m	not contested	not contested	not contested	✓	✓	✓	not contested	not contested
10000m	not contested	not contested	not contested	✓	✓	✓	✓	✓
Sprint Hurdles	90m (76.2cm)	100m (84.0cm)	110m (91.4cm)	110m (99.1cm)	110m (106.7cm)	110m (99.1cm)	100m (91.4cm)	100m (84.0cm)
Long Hurdles	200m (76.2cm)	200m (76.2cm)	400m (84.0cm)	400m (91.4cm)	400m (91.4cm)	400m (91.4cm)	400m (84.0cm)	not contested
Steeple	not contested	2000m (76.2cm)	2000m (91.4cm)	3000m (91.4cm)	3000m (91.4cm)	3000m (91.4cm)	3000m (76.2cm)	not contested
Walk	1500m	3000m	3000m	5000m	5000m	5000m	3000m	1500m
Pole Vault	✓	✓	✓	✓	✓	✓	not contested	not contested
High Jump	✓	✓	✓	✓	✓	✓	✓	✓
Long Jump	✓	✓	✓	✓	✓	✓	✓	✓
Triple Jump	✓	✓	✓	✓	✓	✓	✓	✓
Shot Put	3kg	4kg	5kg	6kg	7.26kg	7.26kg	6kg	5kg
Discus	1kg	1kg	1.5kg	1.75kg	2kg	2kg	1.5kg	1kg
Discus Ambulant	not contested	not contested	not contested	not contested	✓	not contested	not contested	not contested
Javelin	600gm	700gm	700gm	700gm	800gm	800gm	700gm	600gm
Hammer	not contested	4kg	5kg	6kg	7.26kg	7.26kg	6kg	5kg
4 x Relay	100m	100m	100m	100m	100m & 400m	100m & 400m	100m	not contested

2010

Victorian Country Athletics Championships

Friday 22, Saturday 23 & Sunday 24 January

Joe Carmody Athletics Track, Newborough

Old Sale Road, Newborough 3825 (Melway Ref: 339 P8)



Event Code: 10VTFCOU
TAX INVOICE (ABN 47 382 664 821)

Complete & return this entry form to Athletics Victoria by 7 January 2010

Family Name	<input type="text"/>	Given Name	<input type="text"/>
Address	<input type="text"/>	Suburb	<input type="text"/>
		Postcode	<input type="text"/>
Phone	<input type="text"/>	Mobile	<input type="text"/>
Email	<input type="text"/>		
Gender	<input type="checkbox"/> Male	<input type="checkbox"/> Female	Date of Birth <input type="text"/> DD / <input type="text"/> MM / <input type="text"/> YYYY
Age Group*	<input type="checkbox"/> Under 12	<input type="checkbox"/> Under 16	<input type="checkbox"/> Under 20
	<input type="checkbox"/> Under 14	<input type="checkbox"/> Under 18	<input type="checkbox"/> Open
			<input type="checkbox"/> 40+ <input type="checkbox"/> 50+ <input type="checkbox"/> 60+
OFFICE USE ONLY PAYMENT DETAILS			
State	<input type="checkbox"/> Vic	<input type="checkbox"/> Other	<input type="text"/> Please indicate in which State or Territory you are registered
Athletics Club	<input type="text"/>	VLAA Centre	<input type="text"/>

* See age group classifications on page 2. Underage calculation is taken from the 31 December 2010. Overage calculation is taken from the first day of competition.

Age Group	Event(s) Entered	Best Performance (since 01 January 2009)	Entry Fee
eg. U/14	100m	performance date venue	\$ 10.00
<input type="text"/>	<input type="text"/>	<input type="text"/>	\$ 10.00
<input type="text"/>	<input type="text"/>	<input type="text"/>	\$ 10.00
<input type="text"/>	<input type="text"/>	<input type="text"/>	4th event free!

I have read the attached conditions of entry and details concerning the Victorian Country Athletics Championships. I understand these conditions and agree to abide by the decisions of Athletics Victoria and its Officials.

Total (GST inclusive)

\$

Entries must be received with full payment

Signature of Athlete or Parent/Guardian

Date DD / MM / YYYY

CREDIT CARD PAYMENT (MASTERCARD & VISA ONLY):

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
Cardholder Name					Cardholder Signature					Expiry Date
										MM / YY

Fax, mail or deliver entries with payment to:

ATHLETICS VICTORIA
OLYMPIC PARK, OLYMPIC BLVD,
MELBOURNE VIC 3004
FAX: (03) 9427 9183

Entries close 7 January 2010 (late entries close 15 January 2010)