

# Bendigo Little Athletics Introduction to 2009-2010 Season

The 09-10 Bendigo Little Athletics track & field season will begin with two registration days at the Athletics Complex, Retreat Road, Spring Gully;

**Saturday 3<sup>rd</sup> October**  
**Thursday 8<sup>th</sup> October**

**Registration morning**  
**Registration evening**

**9.30-11.30am**  
**6.30- 8.30pm**

*The registration fee is **\$85.00** for pre-season registration on these days. Athletes must be registered by 8<sup>th</sup> October to be included in official results and be eligible for records by day 1 of competition.*

*The fee **after** the registration days is **\$95.00** per child. Children will be eligible for all results, points, records and pbs the competition week **following** payment of fee.*

Attached to this email are 2 forms which you may print out, complete and bring on the day, signed and dated;

1. Official VLAA Registration form (please include your mobile number & email address)
2. BLA supplementary enrolment form

Alternatively, you may wish to visit the following links to print out your forms;

<https://console.clubsonline.com.au/news/attachments/Bendigo%20rego%200910.png>

<https://console.clubsonline.com.au/news/attachments/VLAA%20rego%200910.png>

Forms will also be available on the registration days and Bendigo uniform polo t-shirt and shorts can be purchased at the same time. **Please note cash/cheque payments only.**

Affiliation with VLAA is compulsory. Registration fees cover membership with VLAA, use of facilities and equipment, information booklet, BLAC handbook, number, end of season trophies and insurance.

## Coming Up during School Holidays

- Tues 22<sup>nd</sup> Sept McDonalds **U6-U10 Skills Clinic**. [Click Here to register for the BENDIGO Clinic](#)
- Tues 29th Sept Bendigo Little Aths **U9-U15 Skills Clinic**. Register with Debbie Higgs on 0429387493

**First day of competition - Saturday 10<sup>th</sup> October from 8.30am**  
*The day will begin with all little athletes warming up at the track*

## This season

- Additional Friday night competitions
- Designated coaching nights
- We may take up a text messaging option to advise of cancellations & special competition days
- The BLAC team is very excited this year to be hosting the 2009 / 10 Little Athletics State Multi Event which is a prestigious event on the VLAA (**Error! Hyperlink reference not valid.**) calendar

## Come & Try Days

- Come and try+is an option available for **2 weeks** at a cost of **\$1.00** per week.
- A One Day Registration+must be completed by a guardian.
- After two weeks of come and try+payment of \$95.00 is due for full registration.
- Please note that the fee is not refundable

## Registration Information 09-10

**Step 1**      **Complete VLAA Registration Form** and return on either of the registration days (up to three children can be registered on the one form)

If you have a new family member to register, please include his/her details on the same form – ***please remember to provide copy of birth certificate or other proof of birth***

**Step 2**      **Complete Supplementary Registration Form.** Assistance is strictly on a voluntary basis, but we encourage all parents to indicate an area they may be able to assist in. This year the age group manager's task will become more simplified and there is also the option to be included on the equipment roster.

**Step 3**      **Payment** can be made by either cash or cheque (made payable to BLAC).

At present our centre does not have electronic payment facilities, but that will be one of the topics that will be addressed during this season.

**Step 4**      **Bring completed forms and payment** to either of the two registration days and receive your child's information bag, booklet and registration number in readiness for the first week of competition.

**Step 5**      **First Day of Competition on Saturday 10<sup>th</sup> October** remember to attach supplied registration number to your child's shirt to assist age group managers and officials with identification and recording.

Cut off for Early Bird Registration is **Thursday 8<sup>th</sup> October**. If you can't make it either of the Registration days, please forward the completed forms and payment to;

**The Registrar  
Bendigo Little Athletics  
PO Box 824  
Bendigo 3554**

# Bendigo Little Athletics 2009 –2010 Information for Parents

## ***What and when is Little Athletics?***

Little Athletics is Track & Field competition for children over the age of 5 starting **Saturday 10<sup>th</sup> October, 2009**. **Children must be registered before this date** to be eligible for pbs, records etc on the first day of competition.

## ***Who can participate?***

Any child aged between 5 and 15 registering with any of the four clubs in the Bendigo Centre.

## ***Where is the Bendigo venue?***

All local competition is held at LUBAC, Athletics Complex, Retreat Road, Spring Gully Saturday mornings from 8.30am and Friday twilight evenings which start at 5pm.

## ***What to wear – Bendigo Uniform***

Bendigo uniform is a yellow polo shirt (\$25.00) and royal blue shorts available on registration and competition days.

## ***Registration Number***

A registration number provided upon registration and should always be worn to assist age group managers and officials.

## ***What to bring on a Saturday/Friday***

Running shoes, poloshirt, hat, sunscreen and bring a water bottle. Sunscreen & refreshments are available at the canteen.

## ***Under 6 Little Athletes “On Track”***

Under 6 athletes participate in the On Track+ program which involves a modified, age-appropriate program, learning skills and activities complimentary to participation in track and field.

## ***Come & Try Days***

If your child would like to come and try+then that option is available for two weeks only at **\$1.00** per week. A **One Day Registration Form** must be completed by a guardian and after the second week, full registration is required.

## ***When to join?***

Registration is required to be completed before the season commences on either of the following days;

**Saturday 3<sup>rd</sup> October, 2009 between 9.30-11.30am or Thursday 8<sup>th</sup> October, 2009 between 6.30-8.30pm**

## ***Early-bird discount on registration***

The early-bird registration of **\$85.00** per child provides your child with affiliation with VLAA, use of equipment & venue, insurance, information booklet, achievement book, number patch and end of year trophies.

## ***Proof of Age for first time registrations***

A copy of a birth certificate, passport or health centre book must be sighted for first time registrations.

## ***Registering later in the season***

Athletes may register at any time during the season, but after **8<sup>th</sup> October** the standard fee of **\$95.00** applies.

## ***Other Competition***

During the season there are opportunities to compete in various regional, state and national competitions.

## ***More Information***

A booklet listing information such as records, standards of competition, policies & guidelines is provided when registered.

## ***The Role of Parents***

Little Athletics is a voluntary organisation relying on volunteers to assist in tasks ranging from managing groups, to moving equipment or assisting in the canteen. The supplementary registration form is used to register your area of interest.